



THE MONROE INSTITUTE®
Explore consciousness ~ Transform your life



TMI Newsletter

December 20, 2012

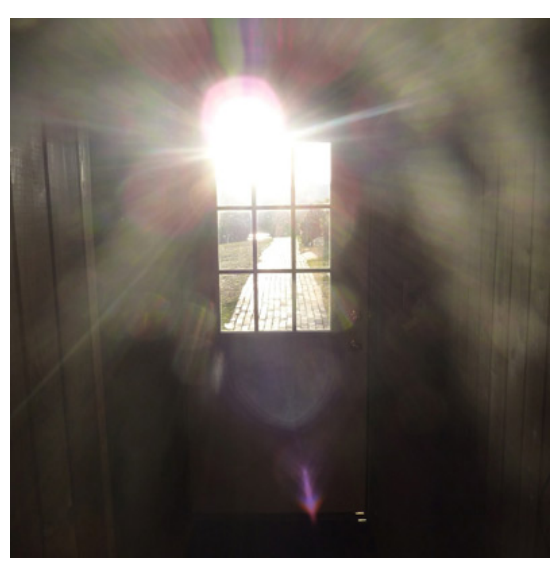
*If not I, then who?
If not now, when?*

-Unknown

We Have Arrived

December 21, 2012

According to a [new Mayan calendar discovery](#) the world does **not** end tomorrow, but continues "...billions, trillions, octillions of years into the future, a huge number that we can't even wrap our heads around." (*William Saturno of Boston University*).



What is ending however, according to [2012Rising.com](#), is "...one great cycle of 13 *Baktun* (5125.26 years). And something new is emerging.

As with most groups and individuals dealing in matters of consciousness, TMI has been anticipating this particular tipping point for decades. December 21, 2012 -- the solstice, the Mayan calendar, astrological signposts, astronomical phenomena, waxing galactic and solar radiation, and more.

These times focus on a great opportunity for the evolution of human consciousness and what is more specific to that than TMI's tools? We ask ourselves, **"How can I best serve in these times?"**

Sharing the tools for achieving expanded awareness as widely as possible is imperative. It is a gift that gives back. TMI's Scholarship program is an immediate, powerful means of spreading exponentially TMI's skill building methods and techniques. Please, join us in getting it out there.

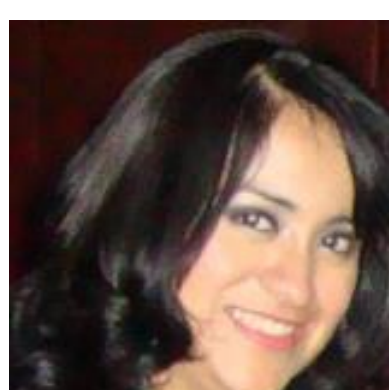
"If not I, then who? If not now, when?" -Unknown

DONATE NOW

Giving Back in Morelos, Mexico

Psychologist Carmen Ramirez attended a lecture during a positive psychology convention in Philadelphia. Afterward she sought out the speaker - [Carol de la Herran](#) - TMI's executive director and president. Carmen felt strongly that the tools and techniques of The Monroe Institute would be a tremendous aid in her work with marginalized and battered women.

Carol recalls, "We had room in a [Gateway Voyage](#) scheduled a few days later. I invited Carmen to come. She postponed her trip home to Mexico and attended the Voyage."



Carmen Ramirez

That scholarship has already given back in a big way. Following her Gateway Voyage, Carmen completed the [FTP](#) and became an [Outreach Facilitator](#). To date she has presented two [Excursion Workshops](#) in Mexico. She and her mother are helping create jobs for women with the development of natural plant essences and herbal products.

[See full article and more photos ...](#)



Preparing herbal baths

Giving Back to India

Bob Williams is a familiar sight at our offices in Faber, Virginia. He stops by several times a year with gifts of fruit, Christmas breads lovingly made by his wife, and good cheer. He's all about giving back.

"My personal experience with The Monroe Institute began with the reading of Bob Monroe's books, [Journeys Out-of-the Body](#), [Far Journeys](#), and [Ultimate Journey](#). Bob found a path for himself. Any other person on the same search will have a starting place where their own road can become a reality. In the evolution of Being each person finds their own starting point. I've found mine."



Not long ago Bob's generosity extended to India. He quietly donated funds to assist Krish attend a Gateway Voyage. The two men have not met but they are deeply connected.

Bob explains, "I've just offered a little bit of 'help' to Krish over the years ...being on Social Security doesn't leave alot of room for generosity. I do what I can do."



Focus 15: When you have to be everywhere at once.

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Look for a
Special Edition
of the TMI News
December 31, 2012

You are invited to a Solstice Celebration

Join us from wherever you are in celebration of the winter solstice, the beginning of a new era. Here at TMI from about **7 PM to 10 PM, EST**, friends will gather in thought and meditation around a bonfire on the Institute campus.

We open our hearts and minds to be present during this pivotal time.

Participate in this event by declaring the intention to join the meditation. Take a moment to notice the energy of the many who are with us from around the globe.



Photo by by Kiwi NZ

Our gift to you...

As we continue to provide 'something of value' to humanity, we offer **FREE** downloads to the world to experience for themselves the power of the Monroe technologies.



Enjoy exercises from applications such as golf, skiing, forgiveness, healing and much more...

[CLICK HERE TO START YOUR JOURNEY...](#)

Local Chapter Network:

*"volunteering our time
to help you connect"*

The [Local Chapter Network \(LCN\)](#) is a thriving, active volunteer organization committed to supporting TMI grads and introducing new people to TMI at the local level throughout the US. **LCN comprises 48 Chapters within 11 Regions -- and growing!**

Did you miss the recording with William (Bill) Buhlman on OBE's. If so,

Listen NOW!

[Join an existing Local Chapter](#)
[Form a new Local Chapter](#)



HUB Highlights

New on our blog:

- [Deepak Chopra's Son Makes Him a Documentary Subject](#)
- [NDE Reporter, Neurosurgeon Eben Alexander, Hits the Big Time - Oprah!](#)
- [US Military Uses Meditation to Quell the Stress of War](#)

The Hub offers content we think people who are interested in TMI will be interested in. When you notice Hub-worthy items [please send a link](#).

THE HUB:
Adventures in Consciousness

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